

January Starter Kit: Your 15–Minute First–Week Plan

A simple, calm reset for teachers and supply educators.



1. QUICK FIRST LESSON TEMPLATE

First Lesson Back

Lesson Length: 10–15 minutes

Re-establish Routines	Retrieval Warm-up	Quick Activity / Confidence Builder	Exit routine

2. JANUARY CLASSROOM CHECKLIST

A) Materials Checklist:

- Whiteboard pens ☐
- Exercise books ☐
- Lanyard + ID ☐
- Behaviour system ☐
- Spare worksheets ☐
- Seating plan ☐

B) Environment Check:

- Desk reset ☐
- Seating adjusted if needed ☐
- Clear teacher space ☐
- Visual routine cues placed ☐
- Back-up activity ready ☐

C) Behaviour & Connection

- Re-teach routines ☐
- Calm scripts ☐
- Check-in list for key pupils ☐
- Quick-reset phrases ☐